

## Basic Course (4 days) Learning Objectives

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding
2. Recognize and describe the major reasons why children won't eat, as based on learning theory principles
3. Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment
4. Apply behavioral and social learning principles, and systematic desensitization, to feeding problems
5. Create and implement a S.O.S feeding program for toddlers and young children, in group and individual treatment formats



## SOS Approach to Feeding (Sequential Oral Sensory)

SOS Approach to feeding uses a multidisciplinary team approach which assess the “whole child”:

- organ systems
- muscles
- development
- sensory
- oral-motor
- learning/behavior
- cognition
- nutrition
- environment



The SOS approach is an effective way to address problematic feeding behaviors in a variety of settings and populations. Parents and caregivers of children, who will not eat, are faced with a difficult and often puzzling challenge. Because the interplay between weight gain and a child's experience of food can be complicated, there is rarely an easy solution when a feeding problem arises.

The SOS Approach focuses on increasing a child's comfort level by exploring and learning about the different properties of food and allows a child to interact with food in a playful, non-stressful way. Children first need to be able to learn how to visually tolerate being in the room and at the table with food. They will then move on to touching, tasting and eventually, eating foods.

## SOS Approach to Feeding Basic Workshop – 4 days Overview

### Conference Location:

Hotel Propellen, Nordmarksvej 3, 7190 Billund  
(+45) 75338133

**Conference Price:** Early bird price 9,500 kr excl. VAT – until 31.01 2019.

Thereafter full price: 9.895 kr excl VAT  
Price includes: course materials and meals during the period 8-17/ last day: 8-15.15

### Accommodation and Transportation:

Attendees are responsible for booking their own accommodation and transport.

Several rooms have been reserved at a discounted rate at Hotel Propellen. There are several other hotels, B & B's in the area – in different price ranges. A list is available at <https://www.visitbillund.dk/billund/overnatning-i-boernehoejde>

**Workshop Language:** The workshop language is in English – the teachers are easy to understand.

### Registration is open:

<https://lebahn.nemtilmeld.dk/4/>

### Organizer:

Ulla Lebahn, occupational therapist  
CEO Lebahn Events IVS  
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**Dr. Kay A. Toomey** is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic for six years and SOS Feeding Solutions at STAR Institute for eight years. Dr. Toomey is currently the President of Toomey & Associates, Inc., and acts as a Clinical Consultant to the Feeding Clinic at STAR Institute.



**Dr. Erin Sundseth Ross**, is a Speech Pathologist with a Doctoral degree in Clinical Sciences – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition and is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 25 years of experience working in the NICU within several HealthONE hospitals, and with children when she was at the SOS Feeding Solutions clinic in Denver, Colorado. Dr. Ross is the creator of the SOFFI Method<sup>SM</sup>, a feeding program for use in the NICU. She has specialized in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children from initial hospitalization through the first 5 years of life.

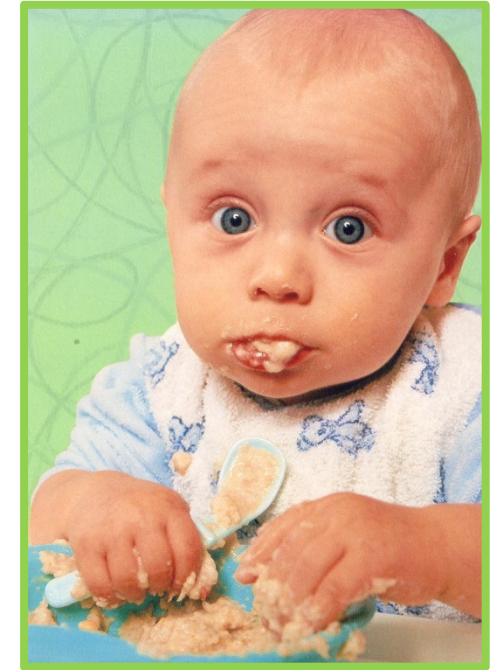


## SOS Approach to Feeding - Advanced Workshops

Special Population Workshops are available online at [www.spduniversity.org/course-list/#advanced](http://www.spduniversity.org/course-list/#advanced) (Pre-requisite – Basic Workshop)

Advanced workshops are only available online - and not included in the basic workshop)

- Tools in your Pantry
- Food Tolerance Decision Making
- From Lunchables to Lunch and Variety to Volume
- Parents as Partners: Helping the “Challenging” Family
- Children with Gastroesophageal Reflux
- Feeding the 6-16-Month-old Child
- Helping Children Transition Off Supplemental Tube Feedings
- Feeding the Child on the Autism Spectrum
- Food Scientist Model: SOS Approach to Feeding Adaptation for the School Aged Child
- Working with Children with Severe Developmental Impairments



## SOS Approach to Feeding

**07.10-10.10 2019**  
**in Billund, Denmark**

By participating in the basic course, you will learn extensively about the treatment of feeding difficulties in children

The treatment concept is multidisciplinary and based on positive reinforcement. The children acquire new competences building on their abilities. New development is achieved as a mix of being secure in one's comfort zone and learning new skills through purposeful play.