

## Speaker presentation

### **Didde Thorsted, Aut. Physiotherapist & Osteopath DO. M.R.O. DK**

Didde has graduated in Physiotherapy, osteopathy DO.MRO.dk and natural medicines. She is the co-owner of the Qclinic, that specializes in treatment of women and children. She has been working with children for 20 years and the past 7 years exclusively with treatment of the 0-12 year old's - the majority are 0-1 years of age. She has taken several children's courses locally and abroad along with craniosacral therapy at Upledger and treatment of the organs at the Barrell institute with prime focus on pediatric treatment. She is currently studying a DO degree in pediatric osteopathy in Norway (until 2018) She is the mother of 4 kids.

### **Berry Verlinden, dentist, prosthodontist and implantologist, OMFT**

Berry graduated at Utrecht University in 1977 and founded a private clinic in Huizen (NL). As of 1986 dealing with Oro-Myofunctional Therapy. Studied in USA, Switzerland, France and Italy with co-workers in that field. He is guest lecturer in Universities from Utrecht, Rotterdam, Nijmegen, Groningen and Hasselt (Belgium). He was founder of the Postgraduate School for Oro-Myofunctional Therapy in the Netherlands and gave many basic and advanced courses to Speech and Language Therapist, Orthodontists, Dentist and Orofacial therapists in Holland, Belgium, Germany, the Caribbean, and Latvia. He published several papers in 'Tandartspraktijk' in the field of Oro-Myofunctional Therapy. As of 2007 he is Fellow of the International College of Dentists. Until 2011 he had a Private Clinic limited to Oral Rehabilitation and Implantology. As of 2011 his work is limited to lecturing in the field of Oro-Myofunctional Therapy in different countries in Europe.

### **Maaïke van Broekhoven, Nurse, Lactation consultant IBCLC**

Maaïke qualified as a nurse in Groningen in 1985. After working in maternity home care for about 15 years, she wanted to study everything about breastfeeding and gained her certificate as a Lactation Consultant IBCLC (International Board of Certified Lactation Consultants) in 2001. Recertified in 2006, 2012 and 2017. From 2012 Maaïke studied the implications tongue tie and lip tie may have on breastfeeding. She follows international multidisciplinary symposia on the subject and is in contact with other tongue tie clinics around the world. She understands it is important that healthcare workers learn more about the early breastfeeding problems that can arise from restriction of movement caused by tongue and lip tie. Together with Berber Meihuizen she provides educational talks for maternity care nurses and midwives. Maaïke is mother of two boys age 13 and 15. Experienced the problems herself of breastfeeding them with tongue tie and lip tie, only to find out they were tied at age 7 and 9.

### **Katherine Fisher, B.Sc, M.Sc, IBCLC, IATP**

Katherine is in her 23rd year of continuous registration as an International Board Certified Lactation Consultant. She has practiced extensively in both, voluntary, NHS and private practice in the UK. In 2000 she trained in frenulotomy at Southampton Hospital, and then commenced working at Kings College Hospital NHS Trust, where she extended her surgical competency under the supervision of Shailesh Patel Consultant Pediatric Surgeon in performing frenulotomy to treat all variants of tongue tie using a Brodie Director. Since then Katherine has team led the Tongue -tie service at Kings College Hospital which treats up to 1000 babies a year. Katherine is also in private practice with Dr. Patel at the London Tongue Tie Clinic. During her time at Kings she has been involved in training other Lactation Consultants in the team to perform frenulotomy. Between June 2016 and June 2017, Katherine made 7 visits to Norway and trained doctors and gave lectures on how to assess and treat Tongue- tie adequately and manage the risk of recurrent Tongue tie and late scarring. Katherine is the author of several publications and co-researcher in many Tongue tie related studies. Katherine is married and has three adult children and 1 grandchild - all are breastfed.

### **Mette Rørby, parent, clinical dietician, Denmark**

Mette is working as a clinical dietician at a nursing home for the elderly, with focus on dysphagia. She is married to Jesper. They have two boys, Ebbe, 4 years, and Pelle, 1 year old. They were all born with a tongue-tie, but they didn't realize this until it was discovered in Pelle, when he was almost 10 months old. Pelle had his tongue released with a very good result. Ebbe was a mouth breather, but didn't have as many problems as his younger brother. He also had his tie released, which has been life changing as well. Mette is planning to have her own tongue tie released soon.

# Symposium 2018

**Mouth-based problems leading to dental issues,  
failure to thrive and/or feeding and eating difficulties**

February 28<sup>th</sup>, 2018

DGI-byen Conference Center,  
Tietgensgade 65, 1704 København V



### **Price:**

2.159,20kr Excl. VAT

2.699,00kr incl. VAT

[www.Lebahn.dk/symposium-2018/](http://www.Lebahn.dk/symposium-2018/)



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## Programme (minor changes can occur)

- 09.30-10.00 REGISTRATION (Coffee/tea/bread)  
10.00-10.05 Welcome - Ulla Lebahn, organizer, Lebahn Events IVS
- 10.05-11.15 **Oral Ties - a scientific BRIEFing (Breastfeeding & Reflux Improvement, the Effect of Frenulotomy)**  
The current scientific literature \* performing a frenulotomy with elektro-surgery in the Tongue Tie Clinic \* the preliminary results from the BRIEF study  
Speaker: Dr. Kirsten Slagter DDS, PhD, Dentist/ Implantologist, Holland
- 11.15-11.30 SNACK BREAK
- 11.30-12.00 **Tongue tie & upper lip tie And it's impact on breastfeeding in the early period, Aftercare and exercises after the release**  
Speaker: Maaïke van Broekhoven, Nurse, Lactation consultant IBCLC, Holland
- 12.00-12.30 **Post-frenulotomy care (Active Wound Management AWM)**  
Results from Tongue tie related studies \* the differences between laser treatment and scissor treatment  
Speaker: Katherine Fisher, B.Sc, M.Sc, lactation consultant IBCLC, England
- 12.30-13.15 LUNCH
- 13.15-13.45 **The Norwegian Tongue tie Project 2016-17**  
Details of the success of the project \* Training doctors and giving lectures on how to assess and treat Tongue tie adequately and manage the risk of recurrent Tongue tie and late scarring \* Norway' s long term plans for early diagnosis of Tongue tie and rapid access to adequate country wide assessment and treatment  
Speaker: Katherine Fisher, B.Sc, M.Sc, lactation consultant IBCLC, England
- 13.45-14.15 **The osteopathic approach to the treatment of babies with tongue ties - often coupled with reflux and breastfeeding problems**  
Understanding the child's embryology, neurology, anatomy and physiology, which together with the clinical findings form the basis of the osteopathic treatment strategy and the choice of techniques  
Speaker: Didde Thorsted, aut. Physiotherapist and Osteopath, Denmark
- 14.15-14.45 **The Chiropractic approach to suboptimal feeding in infants**  
Presentation of research evidence behind chiropractic treatment of suboptimal feeding and empirical considerations about clinical indications for frenulotomy.  
Speaker: Charlotte Giuliani, BSc, Chiro, MSc APP in Paediatric Musculoskeletal Health, Denmark
- 14.45-15.00 SNACK BREAK
- 15.00-16.00 **Oromyofunctional Therapy (OMFT)**  
What is OMFT? \* Clinical results \* the influence of muscles and function to the morphology \* The relation between OMFT and orthodontic treatment \* Speech language pathology and OMFT  
Speaker: Berry Verlinden, Dentist, prosthodontist and implantologist, Holland
- 16.00-16.25 **From Babylove to a Tongue tie Nightmare - and back to normal life**  
A family's nightmare due to a tongue tie \* the journey to normal life \* the discovery of more family members, that needed treatment \* Why did they all have to go to Holland to get sufficient help?  
Speaker: Mette Rørby, parent and Clinical dietician, Denmark
- 16.25-16.30 SHORT BREAK while rearranging for the panel debate
- 16.25-16.30 **Panel debate** – all speakers are contributing  
16.30-16.55 **The perspective for the future** – Dr. Kirsten Slagter  
Good bye – Ulla Lebahn

The Symposium highlights the problems from many angles. The speakers bring results from scientific studies, experience from their own practices and will also contribute with case stories. A parent who has had her children treated abroad is contributing with the family's story too.

The symposium is aimed at all professionals working in general with the well-being of infants and children, and especially those who treat the children or who work with eating, teeth, oral care and communication. By attending the symposium you will get a lot of important information and you will be able to help shed light on the area and help influence the debate in Denmark, so that we hopefully will have better treatment options in Denmark in the future.

### What is the background for this symposium?

An increasing number of parents are travelling abroad to get treatment for their infants / children, who have oral ties. Before seeking treatment outside of Denmark, the parents have tried to get help from their healthcare nurse, GP, pediatrician, ear/nose/throat doctor or dentist.

They have been told there is nothing wrong with their child, although the child obviously has problems with both eating and well-being. They have been told that there is nothing wrong with the child's tongue, even though the foreign specialist has found problems severe enough for treatment.

The treated children have often needed supplementary treatments before and after scissor / laser treatment – to remove the tension that has accumulated in jaw and neck. The children also need specific training of the tongue, as it must learn to move in ways that have never been possible before. The results from the foreign treatments show that the children benefit from it: there is great general progress, fewer eating problems, reflux symptoms diminish or disappear completely, sleeping is improved, etc. It is therefore a great wish for both parents and I that in the Danish health service there will be increased knowledge of the treatments and the multidisciplinary approach that is needed to help in the best possible way.

In 2016, Norway started the development that we hope will also unfold in Denmark soon. Professionals in Norway have acquired knowledge about assessment, treatment and post-treatment methods, so it is now possible for Norwegian parents to have their children treated in Norway.

The English expert, who has been at the forefront of this development, talks about the process and gives advices for a similar development in Denmark.

## Speaker presentation

### Kirsten Slagter DDS, PhD, Dentist/ Implantologist, Holland

In 2007 Kirsten graduated as a dentist at the State University Groningen (cum laude). After her graduation, she gained practical experience at various dental private practices and has also been working in developing countries for several dental projects. The past years she focused more on implantology and minor dental surgery. Kirsten finished her PhD in 2016 at the Oral and Maxillofacial Surgery department of the University Medical Centre Groningen. Since 2013 she has been officially registered as an implantologist. After having the experience performing surgery at children and adults with tongue- and lip tie problems, Kirsten started treating babies who have difficulty drinking from the breast or bottle and eating solids. She considers it to be very important to give babies children and adults a good start. Kirsten is mother of a three and has a one-year old son.

### Charlotte Giuliani, BSc, Chiro, MSc APP in Pediatric Musculoskeletal Health, Denmark

Charlotte has practiced in private practice in Holland and Denmark since she graduated from Anglo European College of Chiropractic (AECC) in 1994. Since she completed her Master in pediatric Musculoskeletal Health at Bournemouth University in 2014, she has build-up an interdisciplinary pediatric clinic receiving more than 800 new pediatric patients a year. Her work with infants with suboptimal feeding is inspired by the work carried out at the Interdisciplinary BU Midwifery and Chiropractic Newborn Breastfeeding Clinic at AECC, led by Associate Professor Joyce Miller. Charlotte has previously been guest lecturing for colleagues on the subjects Positional Plagiocephali and Pediatric Oral Motor Dysfunction