

Basic Course (4 days) Learning Objectives

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding
2. Recognize and describe the major reasons why children won't eat, as based on learning theory principles
3. Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment
4. Apply behavioral and social learning principles, and systematic desensitization, to feeding problems
5. Create and implement a S.O.S feeding program for toddlers and young children, in group and individual treatment formats



SOS Approach to Feeding (Sequential Oral Sensory)

The SOS Approach uses a trans-disciplinary team approach which assess the “whole child”:

- organ systems
- muscles
- development
- sensory
- oral-motor
- learning/behavior
- cognition
- nutrition
- environment



The program is an effective way to address problematic feeding behaviors in a variety of settings and populations. Parents and caregivers of children, who will not eat, are faced with a difficult and often puzzling challenge. Because the interplay between weight gain and a child's experience of food can be complicated, there is rarely an easy solution when a feeding problem arises.

The SOS Approach focuses on increasing a child's comfort level by exploring and learning about the different properties of food and allows a child to interact with food in a playful, non-stressful way. Children first need to be able to learn how to visually tolerate being in the room and at the table with food. They will then move on to touching, tasting and eventually, eating foods.

How to reserve a seat for the next basic course?

Preregistration is possible here:

www.Lebahn.dk/sos-approach-to-feeding-conference/

If have any problems trying to register, please send us an email, and you will be guided. info@lebahn.dk (conference manager)

Organizer:

Ulla Lebahn, occupational therapist
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Dr. Kay Toomey is a Pediatric Psychologist who has worked with children who do not eat for almost 30 years. She has developed the SOS Approach to



Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. She is the President of Toomey & Associates, Inc., as well as the Clinical Director of SOS Feeding Solutions @ STAR (Sensory Therapy and Research Center with Dr. Lucy Jane Miller).

Erin Ross, Ph.D., CCC-SLP, Ph.D.

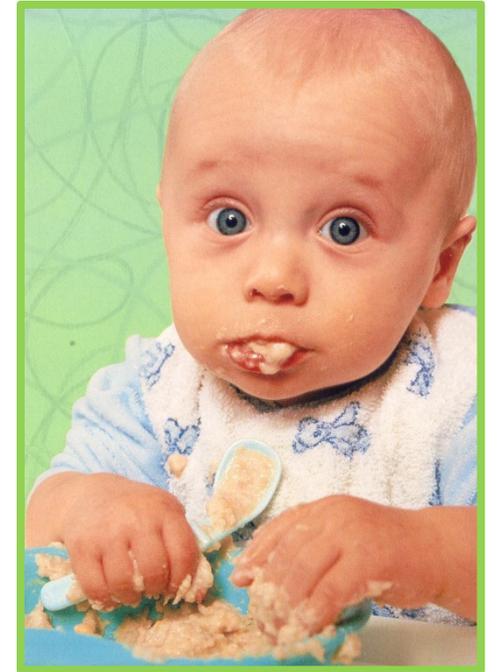
is a Speech Pathologist with a Doctoral degree in Clinical Sciences – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition and is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 20 years of experience working in the NICU within several HealthONE hospitals, and at the SOS Feeding Solutions clinic in Denver, Colorado. She has specialized clinically in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children from initial hospitalization through the first 5 years of life.



SOS Approach to Feeding - Advanced Workshops

Special Population Workshops are available online at www.spduniversity.org/course-list/#advanced (Pre-requisite – Basic Workshop)
Advanced workshops are only available online - and not included in the basic workshop)

- Tools in your Pantry
- Food Tolerance Decision Making
- From Lunchables to Lunch and Variety to Volume
- Parents as Partners: Helping the “Challenging” Family
- Children with Gastroesophageal Reflux
- Feeding the 6-16 Month Old Child
- Helping Children Transition Off Supplemental Tube Feedings
- Feeding the Child on the Autism Spectrum
- Food Scientist Model: SOS Approach to Feeding Adaptation for the School Aged Child
- Working with Children with Severe Developmental Impairments



SOS Approach to Feeding

Autumn 2019 in Denmark

By participating in the conference, you will learn extensively about the treatment of feeding disorders in children.

The treatment concept is multi-disciplinary and based on positive reinforcement. The child acquires new competences building on their abilities. New development is achieved as a mix of being secure in one's comfort zone and learning new skills through purposeful play.